

# 7-Day Virtual Retreat with Elizabeth Wood

## *From the Personal to the Universal*

**A Journey Into Oneness & Conscious Change**

**September 18 - 24**

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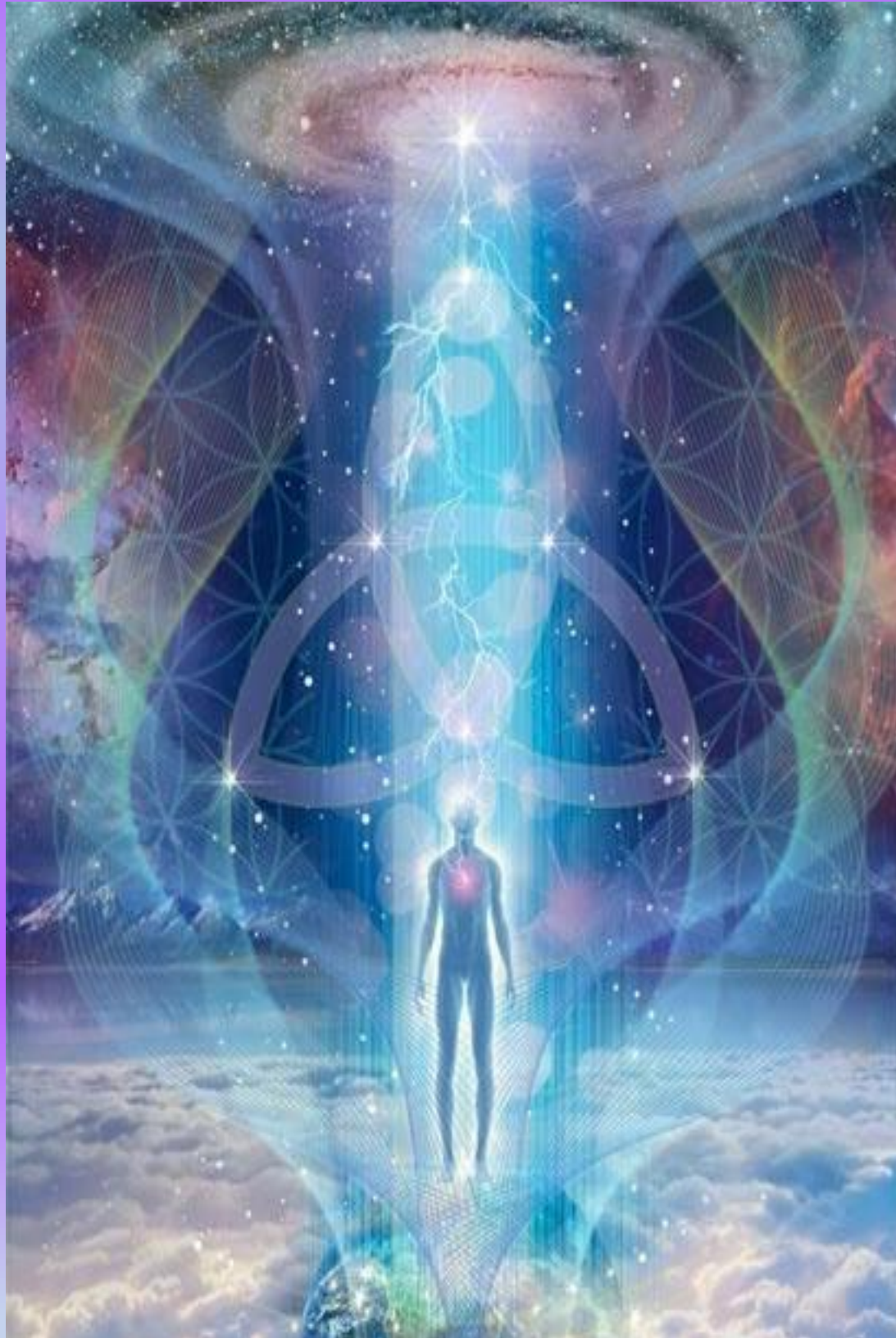
Learn how to create real change within. Access real examples, readings and practical steps. Learn to access the power of Oneness and the Universal in your daily life!

Considered an advanced seer, Elizabeth Wood works on the cutting edge of galactic and quantum anthropology, trauma healing and futurism. With her lifelong ability to see into and work with all dimensions, her theoretical and psychic work has helped people all over the world. Called “Living Library and Oracle”, Elizabeth has spent her whole life studying anthropological theory, quantum physics, ancient and modern medicine. She has two science degrees, including a Masters in Applied Anthropology. Her philosophies and practices bridge science and spirituality to support real change in the world.



**Elizabeth  
Wood**





## PERSONAL MESSAGE

Hello Dear Friends,

Due to world events and current travel restrictions, we have decided to take our YEARLY 'LIVE and In-Person' Retreat ONLINE. We will have a CORE 12 with whom I will do readings for each day and then we will also open to VIEW ONLY for anyone else who would like to attend. (Please read the FULL Brochure for complete details)

In humble vulnerability I want to walk with you on this next step in your journey. I offer my seeing skills, special tools and techniques, and my healing abilities to aid you in transformation.

During this retreat some days we will do (2) two sessions for readings (morning and afternoon) and somedays only (1) one session for teachings only. These sessions are for you to receive and listen to readings which will help you move through blocks, find connection, and get the next, right step clear for your journey.

The last Crestone Colorado retreat I did was wonderful with this layout, and most said it was one of the best retreats they had been to! I look forward to our connection together. **BOTH MEN AND WOMEN ARE WELCOME TO THESE RETREATS!**

I love supporting all who feel called to this work. We've got wonderful outcomes to discover!

With love,  
Elizabeth Wood



## **WHO IS THIS RETREAT FOR?**

**All are welcome on this retreat, no matter your spiritual interest!**

This retreat is focused on creating an experience where we can talk about our biggest blocks, process our challenges, and go really deep into what our next step is to Universal consciousness.

We will be using age old questions as our guides - "How do I create change within myself and in the world?" and "How do I connect to the Universe while also being grounded within?"



## **Everyone is invited to this journey.**

We get to meet Virtually inside of 'The Circle' online community and experience life with other individuals who model the ways of living in harmony, cultivating equanimity within and creating real change in the world. You will receive new tools on this retreat - special tools meant to heal and to understand reality in a useful and practical way. These tools will be valuable for any situation.

We get a chance to model harmony together.

Let's navigate these new energies in a way that will inspire us to roll up our sleeves and make a difference in our own microcosm while staying connected to the Universe!



## WHAT IS THIS RETREAT ABOUT?

We will be exploring together our deepest desires for inner change and addressing many of human society's greatest challenges in our little gathering. We will be processing our biggest blocks to Universal Consciousness. We will spend our time together learning tools, techniques and wisdom that will assist us in breaking free of the programming which prevents us from truly experiencing our purpose. In this beautiful time together we will have many opportunities to meet for insightful discussions, teachings and healing. You will have time to sit with yourself and in 'The Circle and Small Circles' to integrate and process what you've remembered and learned within yourselves and with the Retreat as a whole. Working together we are bound to leave behind a lot of ego and trauma!



***Do not take this work lightly.  
You will be asked to do intensive self-inquiry  
with a specific goal: experiencing  
non-reaction and complete neutrality.  
This is a set of tools which are meant to  
provide a lifelong path to stillness, not an  
instant fix.  
If you are willing to do the work, your  
diligence can create a connective and loving  
state which helps to heal you and our world.***



### ***Experiencing an Oracle***

***(12) Twelve core participants will receive guidance and seeing from me during our time together in circle. \*\*\*All others will be able to watch and listen. 2 days out of the week I will do a teaching for everyone.***

*I love being a mirror. It can be very profound to be fully seen. Although I've counseled and guided thousands around the world, I rarely get the wonderful opportunity to use this gift in Retreats such as this. To be held in a field of light and fully seen without judgement is transforming by itself.*

*I offer my field, my insight and my skills as a mirror to you. If you are called to spend this time with me and other powerful individuals, I humbly receive you with my whole heart!*

*~ Love, Elizabeth*

***\*\*\* This is a DEEP PROCESSING RETREAT.*** You will feel the changes within before, during and after this retreat. We will connect with each other, we will build our own sanctuaries and we will reflect on how each one of us can truly make a difference in the world and in ourselves. The experience will be very intense, so this definitely is not for the faint of heart!



**During the 7 days of deep learning, integration, witnessing and healing, you'll be given practical tools to:**

- Utilize the Brain Mind, Heart Mind, and Gut Mind for discernment and support
- Transmute limiting beliefs and ignite the Universal connection within
- Have the opportunity to move through deep emotional/energetic shifts to find empowerment
- Learn special methods and tools which you can apply to your life and your community's life to further create harmony and change
- Integrate a true "scientific spirituality" approach to creating change
- Feel compassion, insight, healing and valuable support from a respected Seer
- Receive the powerful witnessing of a group of awakened peers in The Circle
- Learn your Soul's Essence which can help define your purpose and next steps
- Use the power of your Soul's Essence and a great group of people to reach the next step!







I am blessed.

## **Pricing and Registration**

*We are very conscious that many are facing financial constraints so are deeply dedicated to keeping the cost down and easily manageable.*

**'I AM BLESSED' Offering - \$1212**  
**(LIMITED TO ONLY 12 CORE Participants)**  
*Available on a first come basis.*

### ***This Offering Includes:***

- \*(5) Five Personal Readings from Elizabeth***  
*(either in the morning or the afternoon - choose one for the whole week)*
- \*Full Access to Elizabeth for ALL Seven Days***
- \*Two LIVE Sessions Daily, except for 21st and 24<sup>th</sup> – ONLY LIVE Teaching Sessions on those days. No READINGS***
- \*Full Ability to Ask Questions and Interact with Elizabeth on LIVE Sessions***
- \*Full Access to 'The Circle' PRIVATE Retreat Channel***
- \*Full Access to 'The Circle' Community***
- \*'Healing the 3 Minds' eBook***
- \*'Lifestyle of Light' eBook***
- \*'Cultivating Non-Judgement' eBook***
- \*Special Equinox Meditation .mp3***



# Gratitude Offering - \$297

## This Offering Includes:

\***LISTEN ONLY** Access to ALL SESSIONS with Elizabeth for ALL Seven Days

\*(2) Two LIVE Sessions Daily

\*On the 21st and 24<sup>th</sup> – ONLY (1) LIVE Teaching Session on those days.

\*You will attend LIVE, ONLY the Core 12 will have FULL ACCESS to interact with Elizabeth. You will be LISTEN ONLY! No chat please

\*Full Access to 'The Circle' Community

\*Full Access to 'The Circle' PRIVATE Retreat Channel where you may communicate with each other and Elizabeth

(Elizabeth will be checking in Daily and Reading your writings. She will be addressing your questions directly on 'The Circle' or weaving them into her (2) two LIVE sessions daily.)

\*'Healing the 3 Minds' eBook

\*'Lifestyle of Light' eBook

\*'Cultivating Non-judgement' eBook

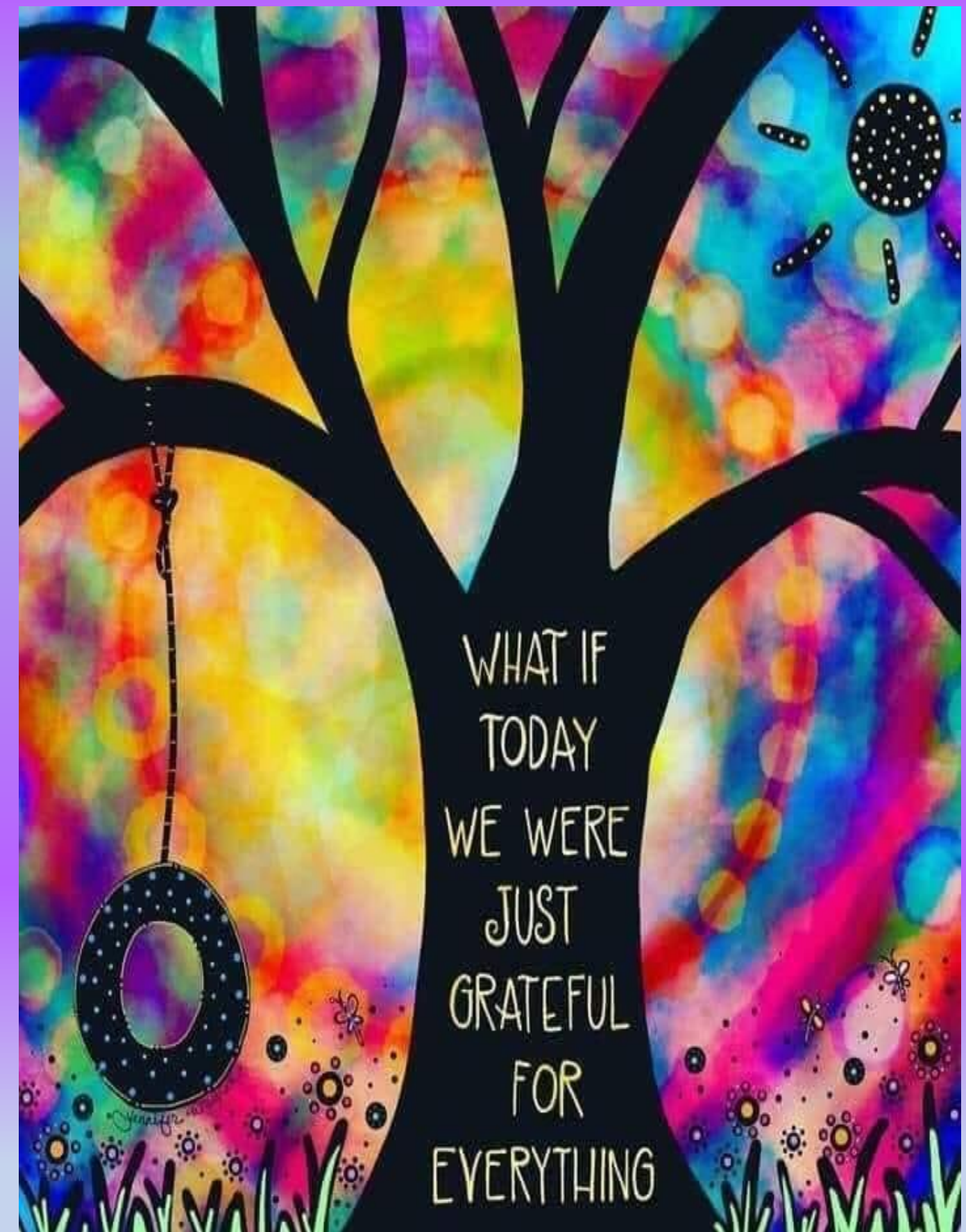
\*Special Equinox Meditation .mp3

\*\*\***Additional Bonus:** As a participant of this Retreat, you may schedule a 30 minute session with Elizabeth for ONLY \$100 before January 01, 2021. (Normally \$195) DEEP DISCOUNT!

## This Offering DOES NOT Include:

\*Interactive Time with Elizabeth on the call. **LISTEN LIVE ONLY**

\*Personal Readings from Elizabeth





## The Virtual Retreat Experience

By gathering together virtually instead of physically, we will lay the groundwork for everyone to be able to engage in the profound experience of inner retreat on their own.

Each of you will have the opportunity to create a sanctuary in your own home and practice to strengthen the inner connection with Elizabeth and the field of Unity that we create Together in 'The Circle.' Our intention is for you to experience an internal experience as a practice that you can then carry forward towards this unprecedented time in our evolution of consciousness.

September's Virtual Retreat is a step in learning how to live permanently in YOUR own sacred space.

**\*\*\*All Classes will take place within 'The Circle' Community so upon payment you will be immediately directed to JOIN 'The Circle. Once you are inside, you will receive further information about the course! If you are not already a member, you will receive a ONE MONTH Membership with this Course!**

**DISCLAIMER:** The process of getting you Connected into 'The Circle' and comfortable with the technology can take up to 24 hours, so we DO NOT recommend last minute sign-ups as you might not be able to attend the first or second gatherings LIVE.







## SANCTUARY AT HOME

*By creating your sanctuary, you optimize your potential for transformation and empower the group field that we will create together enormously.*

The Retreat begins on the morning of September 18<sup>th</sup> and ends on the evening of September 24<sup>th</sup>. In order to get the most from this experience, we invite you to please treat this Retreat as you would as if you were going away to a Retreat Center for these (7) Seven days and make the kind of preparations you would make for such a journey. **THIS IS A SUGGESTED IDEA FOR YOUR DEEPENING IN THIS ENERGY WORK.** Everyone's house is different - do what feels good for you!

For example: We recommend that you please do not plan to work during the Retreat. Let your friends and family know you are not available during these (7) seven days. Put an outgoing message on your phone and email so that people do not expect a reply until you return. Put a 'Do not Disturb' sign on your door.





## Suggested Guidelines for Creating a Sanctuary and Preparing for the Virtual Retreat

- Do your best to find a space where you can have private alone time.
- Don't plan to multi-task while attending the virtual retreat which includes emails, making phone calls, lots of housework, etc.
- Keep socializing to a minimum. Try to stay off the news, social media, and tv.
- Try to avoid unessential errands or driving around.
- Plan your food in advance. Perhaps you can cook in advance meals that you can easily reheat.
- Physically and energetically clean your space impeccably just prior to beginning of the retreat. For example: vacuuming/sweeping the floors, burning incense, etc. can change the energy if you are going through a difficult piece, or just to keep your spirit uplifted.
- If you don't already have one, prepare a sacred space as well as an altar space for the retreat. Consider keeping fresh flowers in the house for a very sacred feel.



## Retreat Schedule for North America - (ALL Session (2) Two Hours)

### September 18th, 19th, 21st, 22nd, 23rd

**Morning Circle** –9am PST, 10am MST, 11am CST, 12pm EST, 5pm CET, 2am on 19th AEST

**Afternoon Circle** – 1pm PST, 2pm MST, 3pm CST, 4pm EST, 9pm CET, 6am next day AEST

### September 20<sup>st</sup> and 24<sup>th</sup> -TEACHING DAYS

**Morning Circle ONLY**– 10am PST, 11am MST, 12pm CST, 1pm EST, 6pm CET, 3am next day AEST



**\*\*Each of the Core 12** people will be getting a reading daily EXCEPT on class days, and will be put into the morning or evening time slot depending on their time zone needs – first come, first served.

**\*\*\*** Prior to the Retreat we ask that you Please calculate the times for your particular time zone at <http://www.thetimezoneconverter.com/> If you need assistance please contact Rebecca at [Rebecca@GotWoke.Us](mailto:Rebecca@GotWoke.Us)

**\*\*\***We would like to acknowledge our beautiful friend Victoria More of <http://emanationofpresence.org> and <http://corelight.org> for pioneering this type of gathering and for sharing their vast wisdom with us.





## LOGISTICS

Although we **CANNOT** offer Scholarships for the CORE 12, this Virtual retreat is offered in the spirit of service and generosity, with a sliding scale available for those who need it. The recommended tuition is \$297 for the (7) seven-day retreat.

If you can't afford that amount, you are welcome to contact [Rebecca@GotWoke.US](mailto:Rebecca@GotWoke.US) to either work out a payment plan or to make other arrangements. (We have service opportunities available.) If you can afford to give more, please do, as this will help compensate for those who cannot afford the recommended tuition price. We 'Thank You' for your generosity. Nobody will be turned away due to lack of funds. **We request that you register and commit to the guidelines below no later than September 15, 2020.**

**DISCLAIMER:** The process of getting you into 'The Circle' and comfortable with the technology can take up to 24 hours, so we **DO NOT** recommend last minute sign-ups as you might not be able to attend the first or second gatherings LIVE.