

Dissolving Duality:

Release resistance and reveal a whole new you!

Times are changing. No doubt about it.
But change can be challenging.
You want it. You fear it.

*How do you change when you are
stuck in patterns that have been with
you your whole life?*

*And what about blind spots? How can
you begin to see the unconscious
patterns that run you and limit you?*

To change at the deepest level, you've got to step back and see yourself clearly: Where you hang onto parts that are familiar. Where you reject parts that you judge. And where you stay stuck because it is more appealing than revealing what is new and ready to emerge. Bottom line is, you've got to see that there are structures woven into your protective personality. In the form of polarities. And that makes change, nearly impossible.





Dissolving Duality is a 3-day Immersion into the world of opposites.

It gives you a road map – a guidance system - to find the unconscious patterns that keep you stuck and help you undo them. So you change. From the inside out.

You become the expert at investigating and navigating your way through your own polarized blockages, back to home base. Back to the Soul of you. The whole of you.

You reveal – to yourself – that who you truly are is whole, empowered, and free.

During your 3-day intensive, you will learn how to:

- Drop awareness into your body and feel for blockages
- Investigate character traits that protect you
- Discover attachments that distort your perception
- Reclaim parts of you that have been hidden from your own awareness
- Dismantle the 3 main polarities that limit and suppress you
- Come back home, repeatedly, and remember what it feels like to be balanced and whole.

Meg Archambault, is a master SoulWorker,
Energy Intuitive, & Emotional Processing Mentor.

She works with clients around the world, diving deeply into unconscious patterns, helping to dissolve them from the inside out.

Meg often intuitively knows root cause of issues and “sees” solutions.

She holds a welcoming and loving space for all aspects of consciousness to come forward so they can be accepted and integrated back home.

Meg’s gentle facilitation style will take you on a journey through the polarized structures that define you. And make change challenging.

In guided meditations, she will coax forward the parts of you hidden in your unconscious. She will guide you to welcome them. And receive them.

You will experience time and again, the body-felt sensation of your true nature, your soul self, so you can repeat the process and get there on your own.

You long for wholeness. That place where you are completely yourself. Where you feel connected, alive, and free. Polarities are the compass that point you in the direction. Dissolving Duality gives you the map to take you home.



Join us for the weekend immersion, where you will reveal – to yourself – perhaps for the first time, that you are whole, empowered, and free.

Dissolving Duality 3-Day Immersion Schedule:



We will gather in five 2-hour sessions on Zoom over the course of the weekend. We have spaced the times so sessions are accessible to as many of our global friends as a possible. Recordings will be available. There will be time for rest, reflection, personal studying, and processing between sessions. Please review the session times below, and print this schedule and/or mark your calendar. Upon registration you will receive an invite into the *Twelve Stars Virtual Retreat* Slack platform where all Zoom sessions will begin and an open chat will be available all weekend. Investment for the 3-Day Dissolving Duality Intensive is \$297.

Session 1: Friday, November 13, 2pm-4pm

Session 2: Saturday, November 14, 8am-10am

Session 3: Saturday, November 14, 1pm-3pm

Session 4: Sunday, November 15, 11am-1pm

**Session 5: Sunday, November 15, 2pm-4pm
(US Pacific Times)**

Prior to the Immersion, we ask that you *please calculate the times for your particular time zone*
at <http://www.thetimezoneconverter.com/> If you need assistance please contact Rebecca at serving.you@twelvestarslearningcollective.com or Meg at meg@soulworkforwomen.com.

Session Details:

Friday, November 13

Session 1: 2pm-4pm Opening Gathering

In our opening session, we will talk about duality and explore the ways you protect yourself with polarized structures woven into your personality. We will discuss a map you can use to navigate and dissolve these structures and prepare you to practice the techniques you will use throughout the weekend.

Saturday, November 14

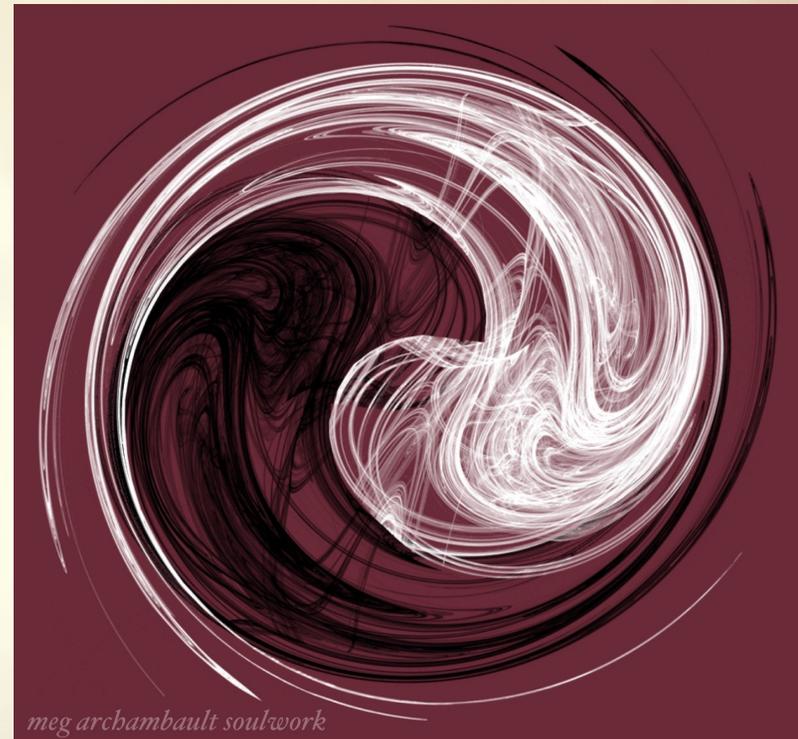
Session 2: 8am-10am

Dissolving Abundance/Scarcity

This is the first of our sessions where we work with one of the 3 main polarities. We will look at your relationship with Abundance and Scarcity. We will gently bring this polarity to rest through a Duality Dissolving Guided Meditation, and you can sit in the radiant light that is the result!

Session 3: 1pm-3pm Dissolving Arrogance/Worthlessness

In this Session, we will look at your relationship with Arrogance and Worthlessness. We will gently bring this polarity to rest through a Duality Dissolving Guided Meditation, and you can sit in the radiant light that is the result!





Sunday, November 15

Session 4: 11am-1pm

Dissolving Victim/Tyrant

In this Session, we will look at your relationship with the Victim and Tyrant. We will gently bring this polarity to rest through a Duality Dissolving Guided Meditation, and you can sit in the radiant light that is the result!

Session 5: 2pm-4pm

Dissolving Duality Closing Gathering

In our closing session, we will talk about using the Dissolving Duality techniques in everyday life. We will open the floor for you to share

your experiences from the weekend and begin to integrate all that you have learned.

Preparation:

To get the most from this experience, please treat this Immersion exactly as if you were taking a course at a Retreat Center. For these three days, make the kind of preparations you would make for such a journey. For example: We recommend that you please do not plan to work during the Immersion. Focus on the course. Let your friends and family know you are not available during Session Hours. Put a 'Do not Disturb' sign on your door!

Radiating for the Collective:

All around the world we are facing unparalleled division as the earth's vibration rises and brings old



structures of attachment and aversion to the surface. It is NOW that dissolving our own Polarities and shining our light-filled Presence is needed the most. This Immersion is the perfect opportunity for us to use the tools we have learned throughout lifetimes and practice radiating LOVE amidst seemingly great change. It is time to stand unshakably in LOVE and NEUTRALITY and be the models, teachers and demonstrators of Love for ourselves and others. We will use this weekend to explore the personality structures and simultaneous judgments and aversions that produce friction among community. And we will work to dissolve that in us so that we dissolve it in the collective.

Note from Meg:

A deep bow of gratitude to Leslie Temple-Thurston and Lucia Rene for the work they brought forward in the world, which is the foundation for the Dissolving Duality Immersion. In Leslie's book, *The Marriage of Spirit*, I studied the energy of Duality and learned a polarity processing technique called "Squares." Through Lucia's work with *The Mechanics of Perception and Processing*, I learned how to dissolve the density we hold in our bodies, known as egoic structure, with acceptance and care. I have merged these techniques and added my own essence of dignity to create a unique pathway to dissolving duality. I look forward to sharing these precious techniques with you. So much love, Meg.